



Cinnamon Chex™ Gluten Free Cereal Single Serve K12 2oz Eq Grain

UPC: 016000148833	Information Accurate as of: November 16, 2019
DESCRIPTION Cinnamon Chex™ is made with real cinnamon and sweetened rice gluten-free cereal. This ready-to-eat cup provides convenient portion control and room for milk. Whole Grain Rice – first ingredient. Meets 2 ounce equivalent grains, USDA Smart Snack criteria, and is CACFP eligible.	
Case GTIN: 10016000148830	
Unit Weight: 2 OZ	Units per case: 60

Nutrition Facts 1 Container (56g) Serving Size Calories per serving	240	Amount/serving	% Daily Value**	Amount/serving	% Daily Value**	**The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. *Not a significant nutrient source
		Total Fat 5g Saturated Fat 0.5g Trans Fat 0g Polyunsaturated Fat 1g Monounsaturated Fat 3.5g Cholesterol 0mg Vitamin D 10% Potassium 0% Thiamin 25% Vitamin B6 25% Vitamin B12 20% Zinc 20%	7% 3% 0% 1g 3.5g 0% 10% 0% 25% 25% 20% 20%	Sodium 340mg Total Carbohydrate 46g Dietary Fiber 3g Total Sugars 12g Includes 12g Added Sugars Protein 3g Calcium 15% Iron 80% Vitamin A 10% Vitamin C 10% Riboflavin 15% Niacin 10% Folate 30% (65mcg Folic Acid) Magnesium 6%	15% 17% 10% 12g 24% 3g 15% 80% 10% 10% 20% 6%	

Nutrition Facts Calories Approx Per 100g	430	Amount/100g	% Daily Value**	Amount/100g	% Daily Value**	**The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. *Not a significant nutrient source
		Total Fat 9g Saturated Fat 1g Trans Fat 0g Polyunsaturated Fat 2g Monounsaturated Fat 6g Cholesterol 0mg Vitamin D Potassium Thiamin Vitamin B6 Vitamin B12 Zinc	9g 1g 0g 2g 6g 0mg Calcium Vitamin A Riboflavin Folate Phosphorus	Sodium 620mg Total Carbohydrate 82g Dietary Fiber 5g Total Sugars 21g Includes 21g Added Sugars Protein 5g Iron Vitamin C Niacin (115mcg Folic Acid) Magnesium	620mg 82g 5g 21g 21g 5g Iron Vitamin C Niacin (115mcg Folic Acid) Magnesium	

INGREDIENTS: Whole Grain Rice, Rice, Sugar, Canola Oil, Salt, Rice Fiber, Cinnamon, Molasses, Natural Flavor. Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), Vitamin B2 (riboflavin), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

KOSHER APPROVAL: OU	ALLERGENS:
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Nutritional information is subject to change. See product label to verify ingredients and allergens. Do not eat raw dough or batter. This product profile is correct through the date above. Because product formulations and related product attributes may change, this information is subject to change. Search results are based on the system information available. Nutritional information is subject to change. See product label on package to verify ingredients and allergens.