



MOM Brands®
Cinnamon Granola Cereal
GNC-5.0 FS
Regulatory NFP Released: 01/21/13
Graphics NFP Released: 01/23/13

Nutrition Facts have been developed to comply with current Federal regulations.

Nutrition Facts			
Serving Size: 1/4 Cup (22g)			
Servings Per Package: TBD			
Amount Per Serving	Cereal	Cereal With 1/2 Cup Skim Milk	
Calories	90	130	
Calories from Fat	15	15	
% Daily Value**			
Total Fat 1.5g*	2%	2%	
Saturated Fat 0g	1%	1%	
Trans Fat 0g			
Polyunsaturated Fat 0g			
Monounsaturated Fat 1g			
Cholesterol 0mg	0%	0%	
Sodium 25mg	1%	4%	
Total Carbohydrate 17g	6%	8%	
Dietary Fiber 1g	5%	5%	
Sugars 6g			
Protein 2g			
Vitamin A	0%	6%	
Vitamin C	0%	2%	
Calcium	2%	15%	
Iron	4%	4%	
Vitamin D	0%	10%	
Thiamin	4%	8%	
Riboflavin	2%	10%	
Niacin	0%	0%	
Vitamin B6	0%	2%	
Folate	0%	2%	
* Amount in cereal. One-half cup skim milk contributes an additional 65mg sodium, 6g total carbohydrate (6g sugars) and 4g protein.			
** Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: Whole Grain Rolled Oats, Sugar, Crisp Rice (rice flour, sugar, malt extract, salt), Oat Flour, Corn Syrup, Canola Oil, Molasses, Honey, Cinnamon. BHT (to preserve freshness).

Oats used in this product contain traces of wheat and soybeans.

Formulation Statement for Documenting Grains in School Meals
Required Beginning SY 2013-2014
(Crediting Standards Based on Revised Exhibit A)
weights per oz equivalent

School Food Authorities (SFAs) should include a copy of the label from the purchased product carton in addition to the following information on letterhead signed by an official company representative. Grain products may be credited based on previous standards through SY 2012-2013. The new crediting standards for grains (as outlined in Policy Memorandum SP 30-2012) must be used beginning SY 2013-2014. SFAs have the option to choose the crediting method that best fits the specific needs of the menu planner.

Product Name: Cinnamon Granola (bulk pack 4/50 oz) Code No.: 07485
 Manufacturer: Post Consumer Brands Serving Size: .77 oz (1/4 cup) = 1 oz eq grain

I. Does the product meet the Whole Grain-Rich Criteria: Yes No
(Refer to SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program.)

II. Does the product contain non-creditable grains: Yes No **How many grams:** 4
(Products with more than 0.24oz equivalent or 3.99 grams for Groups A-G and 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.)

III. Use Policy Memorandum SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program: Exhibit A to determine if the product fits into Groups A-G (baked goods), Group H (cereal grains) or Group I (RTE breakfast cereals). *(Please be aware that different methodologies are applied to calculate servings of grain component based on creditable grains. Groups A-G use the standard of 16 grams creditable grain per oz eq; Group H uses the standard of 28 grams creditable grain per oz eq; and Group I is reported by volume or weight.)*

Indicate which Exhibit A Group (A-I) the Product Belongs: I

Description of Product per Food Buying Guide	Portion Size of Product as Purchased A	Weight of one ounce equivalent as listed in SP 30-2012 B	Creditable Amount A ÷ B
RTE Cereal	22g	22g	1
Total Creditable Amount¹			1

¹ Total Creditable Amount must be rounded **down** to the nearest quarter (0.25) oz eq. Do **not** round up.

Total weight (per portion) of product as purchased .77 oz
 Total contribution of product (per portion) 1 oz equivalent

I further certify that the above information is true and correct and that a .77ounce portion of this product (ready for serving) provides 1 oz equivalent Grains. I further certify that non-creditable grains **are not** above 0.24 oz eq. per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.

Merrilee Olson
 Signature

Merrilee Olson
 Printed Name

K12 Sales Manager
 Title

3/1/16 763-245-0853
 Date Phone Number