

UNITED STATES BAKERY

62850, 74932 51% WWW CL HOT 8 9385

WHOLE GRAIN WHEAT FLOUR
ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR,
MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN
MONONITRATE, RIBOFLAVIN AND FOLIC ACID)

WATER
YEAST
VITAL WHEAT GLUTEN
SUGAR

CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING:
VEGETABLE OIL (CANOLA AND/OR SOY)
SALT
GUAR AND/OR XANTHAN GUM
YEAST NUTRIENT (AMMONIUM SULFATE)
DOUGH CONDITIONERS (MONO-DIGLYCERIDES, SODIUM
STEAROYL LACTYLATE, ASCORBIC ACID, MONOCALCIUM
PHOSPHATE)
CALCIUM PROPIONATE (MOLD INHIBITOR)
CALCIUM SULFATE
ENZYMES

EFFECTIVE: FEB 10, 2014

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Nutrition Facts

Serving Size 1 BUN (60g)

Servings Per Container 8

Amount Per Serving

Calories 150 **Calories from Fat** 15

% Daily Value*

Total Fat 1.5g **2%**

Saturated Fat 0g **0%**

Trans Fat 0g

Polyunsaturated Fat 0.5g

Monounsaturated Fat 0g

Cholesterol 0mg **0%**

Sodium 190mg **8%**

Total Carbohydrate 26g **9%**

Dietary Fiber 2g **8%**

Sugars 3g

Protein 7g

Vitamin A 0% • Vitamin C 0%

Calcium 4% • Iron 8%

Thiamin 15% • Riboflavin 6%

Niacin 8% • Folate 8%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4