### PRODUCT DESCRIPTION:

51% whole grain egg roll filled with tender chicken, freshly shredded carrots, cabbage, celery, onion and authentic spices, rolled in a crispy egg roll wrapper

- Fresh vegetables are shredded in-house daily and traditional egg roll wrappers are made in-house
- Smart Snack Compliant
- No High Fructose Corn Syrup, no certified artificial colors, no added MSG
- Every case includes branded sleeves for To Go convenience and portability
- Pre-cooked for food safety. Easy prep, freezer-to-oven convenience
- $\bullet$  Serve with one of our MINH® Less Sodium Sauces for dipping

# MENU APPLICATIONS:

- A perfect side or appetizer to an Asian-inspired entrée
- Branded sleeves in master case for grab-and-go convenience
- Asian-themed menu
- Serve with Asian style dipping sauces

### CHILD NUTRITION INFORMATION:

**085076** -Each 3.00 oz. Egg Roll provides 1.00 oz. equivalent meat/meat alternate, 1.00 oz equivalent grains, and 1/4 cup other vegetable for the Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 09-12).

### HARD BID SPECIFICATIONS:

MINH® 3.0 oz WG Chicken Egg Roll must provide 1.00 oz. equivalent meat/meat alternate, 1.00 oz. of equivalent grains, 1/4 cups other vegetables, Portion to provide a minimum of 130 calories with no more than 7 fat grams. Must contain a minimum of 2 grams of fiber and less than 490 of sodium. Case pack of 60 per case.

CN Label required. Acceptable Brand: MINH® 69461

### PREP INSTRUCTIONS:

PREPARATION INSTRUCTIONS. COOK BEFORE SERVING. PREPARATION INSTRUCTIONS BASED ON FULL SIZE SHEET PAN (WITH APPROXIMATELY 54 EGG ROLLS). CONVECTION OVEN: PREHEAT OVEN TO 350°F. PLACE EGG ROLLS ON BAKING SHEET. FOR FROZEN PRODUCT COOK FOR 22 MINUTES; FOR THAWED PRODUCT COOK FOR 13 MINUTES. CONVECTIONAL OVEN- 1 PIECE: Preheat oven to 425°F. Place egg roll on a foil lined baking tray and place on middle oven rack. Heat for 16-17 minutes if frozen; 9-10 minutes if thawed. Turn product over half-way through baking. Let stand 2 minutes before serving. MICROWAVE(1100 Watts)- 1 PIECE: Wrap 1 egg roll in a paper sleeve or paper towel and put on a paper plate. Microwave on high for 1 ½ to 1 34 minutes if frozen; 45 seconds to 1 minute if thawed. Let it stand 2 minutes before serving. NOTE: DUE TO VARIANCES IN OVEN REGULATORS, COOKING TIME AND TEMPERATURE MAY REQUIRE ADJUSTMENTS.

Cooking Method	Temp	Time	Instructions	
Convection Oven	350 °F	22 MINUTES	Prepare from frozen state	
Convection Oven	350 °F	13 MINUTES	Prepare from thawed state	
Microwave: (1100 Watts)		1 1/2 - 1 3/4 MINUTE	Prepare from frozen state	
Microwave: (1000 Watts)		45 SEC - 1 MIN	Prepare from thawed state	
Conventional Oven	425 °F	16-17 MINUTES	Prepare from frozen state	
Conventional Oven	425 °F	9-10 MINUTES	Prepare from thawed state	



### **INGREDIENTS:**

INGREDIENTS: FILLING: CABBAGE, GROUND CHICKEN, CARROTS, TEXTURED SOY PROTEIN (TEXTURED SOY FLOUR, ZINC OXIDE, NIACINAMIDE, FERROUS SULFATE, COPPER GLUCONATE, VITAMIN A PALMITATE, CALCIUM PANTOTHENATE, THIAMINE MONONITRATE [VITAMIN B1], PYRIDOXINE HYDROCHLORIDE [VITAMIN B6], RIBOFLAVIN [VITAMIN B2], CYANOCOBALAMIN [VITAMIN B12]), CELERY, WATER, ONION, CONTAINS 2% OR LESS OF: DRIED WHOLE EGGS, WHEY PROTEIN CONCENTRATE, FLAVOR (SALT, YEAST EXTRACT, DEXTROSE, NATURAL FLAVOR), SUGAR, SOY SAUCE POWDER (SOY SAUCE [WHEAT, SOYBEANS, SALT], MALTODEXTRIN, SALT), MODIFIED FOOD STARCH, DRIED ONION, SEA SALT, DRIED GARLIC, SPICE; WRAPPER: WHITE WHOLE WHEAT FLOUR, WATER, ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENRICHED DURUM FLOUR (WHEAT FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CONTAINS 2% OR LESS OF: WHEAT GLUTEN, VEGETABLE OIL (COTTONSEED AND/OR CANOLA OIL), FLAVOR (SALT, YEAST EXTRACT, DEXTROSE, NATURAL FLAVOR), DRIED WHOLE EGGS, SALT, RICE EXTRACT, ASCORBIC ACID, CORNSTARCH; SEALER: WATER. FRIED IN VEGETABLE OIL (COTTONSEED AND/OR CANOLA OIL).



Copyright © 2019 Schwan's Food Service, Inc. All Rights Reserved 115 West College Drive | Marshall, MN 56258 | 1-877-302-7426 info@schwansfs.com

Last Update Date: 1/19/2021 Printed on: 3/20/2021

Information contained in this document is believed to be accurate and offered in good faith for the benefit of the customer. Nutrition data is calculated and offered for information purposes; some variation can occur depending on several factors. This document may contain proprietary confidential, trade secret or privileged information. Any unauthorized review, use, disclosure or distribution is prohibited and may be a violation of law.



Jason Kerr Director Regulatory Affairs & Specification Management

# MINH® 3.0 oz WG Chicken Egg Roll - 69461

# SHIPPING INFO / SHELF LIFE:

### SHIPPING INFO:

GTIN (Case):	10072180694611
Gross Weight:	12.50
Net Weight:	11.25
Each Weight:	3.00
Cube:	0.42
Dimonsions (LxWxH);	13.56 x 9.19 x
Dimensions (LxWxH):	5.88
Cases/Pallet:	140
Tie:	14
High:	10
Frozen Shelf Life (days):	365
Refrigerated Shelf Life (days):	7

# ALLERGENS:

#### Contains

Milk or its Derivatives, Eggs or its Derivatives, Wheat or its Derivatives, and Soy or its Derivatives.

# NUTRITION INFORMATION:

Serving Size:	1 egg roll (85g)	-
Serving Size (grams):	85	-
Serving Size (weight oz):	3	-
Eaches/Case:	60	-
Inner Packs/Case:	1	-
Servings/Case:	60	-
Calories:	160	-
Calories From Fat:	45	-
% Calories From Fat:	28%	-
Calories From Saturated Fat:	15	-
% Calories from Saturated Fat:	8%	-
Total Fat:	5	7%
Saturated Fat:	1.5	7%
Trans Fat:	0	-
Cholesterol:	30	10%
Sodium:	390	17%
Potassium:	411	8%
Total Carbohydrate:	20	7%
Total Dietary Fiber:	3	11%
Sugars:	2	-
Added Sugars:	1	1%
Protein:	9	-
Vitamin A:	63	8%
Vitamin C:	7	8%
Vitamin D:	0	0%
Calcium:	45	4%
Iron:	1.7	10%



Copyright © 2019 Schwan's Food Service, Inc. All Rights Reserved 115 West College Drive | Marshall, MN 56258 | 1-877-302-7426 info@schwansfs.com Information contained in this document is believed to be accurate and offered in good faith for the benefit of the customer. Nutrition data is calculated and offered for information purposes; some variation can occur depending on several factors. This document may contain proprietary confidential, trade secret or privileged information. Any unauthorized review, use, disclosure or distribution is prohibited and may be a violation of law.



Jason Kerr Director Regulatory Affairs & Specification Management

MINH® 3.0 oz WG Chicken Egg Roll - 69461			Page 3 of 3	
Whole Grain:	10	51%		
* Percent Daily Values are based on a 2,000 calorie diet.				



Copyright © 2019 Schwan's Food Service, Inc. All Rights Reserved 115 West College Drive | Marshall, MN 56258 | 1-877-302-7426 info@schwansfs.com

Last Update Date: 1/19/2021 Printed on: 3/20/2021

Information contained in this document is believed to be accurate and offered in good faith for the benefit of the customer. Nutrition data is calculated and offered for information purposes; some variation can occur depending on several factors. This document may contain proprietary confidential, trade secret or privileged information. Any unauthorized review, use, disclosure or distribution is prohibited and may be a violation of law.

่อก

Jason Kerr Director Regulatory Affairs & Specification Management