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it must be opened in *Adobe Reader!*

# Special Dietary Accommodations

Student Name  Date of Birth

Parent/Guardian Name  Phone

Mailing Address

School  Grade

\_\_\_\_\_  
Parent/Guardian Signature Date

### Diet Order

Federal Law and USDA regulation require school nutrition programs to make reasonable modifications to accommodate children with disabilities. Under the law, a disability is an impairment which substantially limits a major life activity, which can include allergies and digestive conditions, but does not include personal diet preferences.

1. List the food(s)/beverage(s) to be avoided:

2. How does ingestion of the food/beverage affect the child:

3. List all food(s) and/or beverages to be substituted:

\_\_\_\_\_  
Signature of State-Recognized Medical Authority\* Date

Email  Phone

\*A licensed health care professional authorized to write medical prescriptions in Washington State

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*Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.) should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.*

*To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: mail: US Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington D.C. 20250-9410; fax (202) 690-7442; or email: [program.intake@usda.gov](mailto:program.intake@usda.gov).*

*This institution is an equal opportunity provider.*